

Biannual newsletter for caregivers and partners

Dear Caregivers & Partners,

The first half of 2020 has been challenging due to the evolving nature of the COVID-19. Despite the uncertainty, SNTC stays committed to serving the community of special needs. With the unwavering support from many caregivers and partners like you, we continued our operations seamlessly with new adoptions such as online talks and appointments.

As we continue to weather through this pandemic together, let us focus on the wins by recapping on past meaningful events and the exciting line-up for the rest of the year.

For any comments or feedback, do feel free to drop us a note at enquiries@sntc.org.sg.



## **COVID-19 Support**

To support our clients through the uncertainty of the COVID-19 situation, SNTC has partnered with SG Enable for financial and emotional relief, including the provision of food rations, meals delivery, financial assistance, and respite care.

We are thankful for the generous support from the Mediacorp Enable Fund administered by SG Enable.

## **Highlights of Events**



### Online Talks

As part of our outreach to caregivers, SNTC conducts regular talks with social service agencies to increase awareness of our services.

In view of the COVID-19 situation, we have transitioned to online talks with various Special Education (SPED) schools, including St Andrew's Autism Centre, Rainbow Centre, and MINDS.

To further equip caregivers of persons with dementia (one of the special needs conditions we serve), we also collaborated with AWWA Silver Station to conduct a series of online English talks in June to help caregivers understand how an SNTC trust can provide financial security for their dependants. This ongoing collaboration will resume in July with a Mandarin talk.



#### Caregiver Support

On 18 January 2020, SNTC held a successful caregiver workshop with facilitators from Hua Mei Training Academy to equip our elderly caregivers with self-care tips. It also provided some respite for our caregivers as their dependants – our trust beneficiaries – were engaged in games and activities with volunteers at the same time.

Special thanks to our volunteers for the time and enthusiasm in befriending our beneficiaries. As a result of our volunteers' commitment, our caregivers were able to have fruitful interactions with one another during the workshop discussions. It was a rewarding experience for all.

#### SG FCAB Training for Social Workers

SNTC is fielding trainers under the Singapore Financial Capability and Asset Building (SG FCAB) offered at the National University of Singapore. SG FCAB equips social workers in providing financial interventions beyond basic budgeting and living within their means.

As a trainer with SG FCAB, SNTC is glad to play a part in sharing the experience gleaned over the years from helping clients earmark assets for the long-term care of their dependants with special needs. This is meaningful time well spent in contributing back to the social service community.

## Fun Fact

<text><text><text><text>

Are you a resident in the South East District? If you have a copy of the Contact Magazine at hand, don't forget to check out Mdm Kwan's heartwarming feature on Page 20.

With SNTC's support, Mdm Kwan is able to have a peace of mind regarding the future of her son with schizophrenia.

Read More

# New Facebook Series: Future Planning

**Read More** 



Planning ahead is an essential step to ensure that our loved ones will be taken care of if we lose mental capacity or pass on.

We have complied a list of tools available to support caregivers in planning for themselves and for their dependants.

### Search **#SNTCFuturePlanning**

on Facebook, and share these posts with caregivers who are concerned about the long-term care of their loved ones!

# **Upcoming Events**



Online Talk: Planning for Your Loved Ones with Special Needs (English)

14 July (Tuesday), 2pm-3pm Hosted by National Library Board (NLB)

Register at https://bit.ly/SNTC-14Jul2020.

Participants are required to create a free myLibrary ID.



网上讲座: 谁能在我离世后照护患有 失智症的亲人?(华语) 7月17日(星期五), 2:30pm-4pm 由AWWA Silver Station 主办

#### 请拨电 6278 9598 或电邮致

<u>enquiries@sntc.org.sg</u>预先报名。



If you would like to join our mailing list, please email enquiries@sntc.org.sg.

To unsubscribe from SNTConnects, email us at enquiries@sntc.org.sg or unsubscribe from this list.

Copyright © 2020 Special Needs Trust Company, All rights reserved.